

## INSTRUCTIONS FOR VERIFYING INSURANCE BENEFITS



To verify your insurance benefits for nutrition counseling, please call the telephone number on the back of your insurance card and ask the following questions. Although this is time consuming it is important to ensure you are not getting any unwelcome charges if your insurance company were to refuse coverage. **Once you get confirmation your insurance does cover nutrition services you will need to get a reference number.**

Date: \_\_\_\_\_ Time of call: \_\_\_\_\_ Reference number: \_\_\_\_\_  
 Name of Representative: \_\_\_\_\_

QUESTIONS TO ASK INSURANCE	RESPONSES FROM INSURANCE COMPANY
Do I have benefits for nutrition counseling? CPT codes 97802 and 97803?	
Do I have nutrition counseling benefits under the preventative care or wellness portion of my plan?	
Is telehealth covered for nutrition services?	
Do these services require a Doctor's script or referral?	
Is there a limit on the number of visits I am allowed? Do these visits apply for each calendar year or benefit period? If it applies to each benefit period, what is this time frame?	
Are there any restricted diagnoses?	
Do I have a copay or deductible to meet before insurance pays?	
Is Claudia Knight (NPI#1750808549) a covered provider under my plan? If not, what are my out-of-network benefits?	

**Please bring this filled out paper with reference number included to your scheduled appointment.**